

FROM DESK TO DESTINY



Action Guide

www.TravelLifestyleCoach.com

DEFINITIONS

Getting clarity

Q1 What kind of full-time traveler are you? (How long do you imagine traveling - months, years...?)

Q2 Do you want to keep your job and travel, or take a break, or, start a business and travel with it?

Q3 What are the top 3 reasons you are drawn to the full-time travel lifestyle?

Q4 What are 3 fears or challenges you have to starting the full-time travel lifestyle?

THE CHALLENGES

Blocks To Getting Started

01 What are the 3 biggest challenges to the full-time travel lifestyle?

02 Which challenge(s) do you most resonate with?

03 Why do you resonate with that/those challenge(s)?



IT'S NOT POSSIBLE

ACTIONS TO SHIFT YOUR PERSPECTIVE - *listen to the webinar for tips on how to approach each question*

Action 01

What are you willing to give up to get the lifestyle you want?

Action 02

What are you already giving up by NOT making any changes?

Action 03

What are your beliefs around work and money?



IT'S NOT AFFORDABLE

ACTIONS TO SHIFT YOUR PERSPECTIVE - *listen to the webinar for tips on how to approach each question*

Action 01

How much money is in your checking/savings account?

Action 02

How long do you want to travel?
Do the math below:

Action 03

Research where you can travel on that budget.



IT'S NOT PLANNABLE

ACTIONS TO SHIFT YOUR PERSPECTIVE - *listen to the webinar for tips on how to approach each question*

Action 01

Make a list of everything you can think of needing to do, before you take off:

Action 02

Prioritize the list to the left.

Action 03

Use the next page to write the action you need to do for each line item, and the date you'll do it.



Write your list from the previous page, in ranked order, most important at the top, and add in an action, and a date you'll do it:

Date



TAKE THE NEXT STEP

LEARN HOW TO AFFORD FULL-TIME TRAVEL!



At the root of beginning the full-time travel lifestyle is understanding how to afford it. Since there are multiple parts to figuring that out, Heather put together a foundational eCourse to help you understand the elements to consider and then plug numbers into a done-for-you formula to figure out the right budget to set, and how much longer you need to create it and get going.

[Learn More](#)

THANK YOU FOR BEING HERE!



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I hope you enjoyed the webinar. Feel free to reach out using any of the channels below if you have questions!

Heather Markel, CPC, Travel Lifestyle Coach
helping you transition to the travel lifestyle

