

MONEY FOR TRAVEL BOOTCAMP

HOW TO BUDGET, SAVE, MAKE MONEY, AND
SUSTAIN YOUR FULL-TIME TRAVELS



WORKBOOK

DAY 2

About Heather



Hi, I'm Heather Markel. I quit a 6-figure job in 2017 to pursue my passion of traveling the world. What I thought was a career break turned into a way of life. I'm in my fourth year of full-time travel and looking forward to more adventures.

I quit without a real plan, but with a financial safety-net. I was shocked to learn that full-time travel is a hell of a lot cheaper than a "stable" life. I also learned there are a lot of great ways to sustain full-time travel for those who want to, and none of them involve you having to be rich.

I now help others who want to trade a life of job dissatisfaction to travel full-time, with the strategies to comfortably afford and sustain it.

The purpose of this Bootcamp is to give you the day-to-day and long-term strategies to turn your dream into an actual lifestyle.

Heather Markel

INTUITIVE BUSINESS & PEAK LIFESTYLE COACH
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Travel For Transformation



heathermarkel



heatherjourneys

Bootcamp checklist

01



Watch the training videos

02



Do the homework in the included action guides

03



Ask questions and for help in the Facebook group.

04



Plan to monitor your progress.

05



Make sure to use your included bonuses to help you along the way!

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Thank you



Travel For Transformation



heathermarkel



heatherjourneys

ROAD MAP

Here's a helpful way to visualize your full-time travel road map pertaining to money and financing your travels.

Save Before You Go

Choose, and maximize your savings strategies to create a safety net before you leave.

1

2

3

4

Save On The Road

Tap into all the ways you can save money on the road and use them every time you make a purchase. Track expenses.

Figure Out The Right Working Strategy

Determine which working plan you like best, and do the work to get those jobs or clients.

Sustain Your Travels

Know your plan, before you go, to sustain your travels and check in regularly on your finances.

**CHOOSE A TIMEFRAME
AND GO!**

YOUR NOTES

Figuring Out Your Work & Travel Strategy

YOUR WORK STRATEGY

The next few pages are about your work strategy as it relates to traveling.
Take some time to think about which strategy / strategies feel best?

WHICH WORK STRATEGY DO YOU WANT TO USE?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings on the paper.

WHY DOES THIS STRATEGY FEEL BEST FOR YOU?

BEST FOR YOU:

Your Work Strategy

Which work strategy will you choose?
(full time, seasonal, etc.?)

- | | |
|----|--------------------------|
| 01 | ☐ |
| 02 | ☐ |
| 03 | ☐ |
| 04 | ☐ |
| 05 | ☐ |
| 06 | ☐ |
| 07 | ☐ |
| 08 | ☐ |
| 09 | ☐ |
| 10 | ☐ |

What 3 types / categories of work will
you prioritize?

- | | |
|----|--------------------------|
| 01 | ☐ |
| 02 | ☐ |
| 03 | ☐ |

What websites can help with your
research about those jobs?

- | | |
|----|--------------------------|
| 01 | ☐ |
| 02 | ☐ |
| 03 | ☐ |
| 04 | ☐ |
| 05 | ☐ |
| 06 | ☐ |
| 07 | ☐ |
| 08 | ☐ |
| 09 | ☐ |
| 10 | ☐ |

Who do you know that you could talk
to about opportunities in these fields?

- | | |
|----|--------------------------|
| 01 | ☐ |
| 02 | ☐ |
| 03 | ☐ |
| 04 | ☐ |
| 05 | ☐ |
| 06 | ☐ |
| 07 | ☐ |
| 08 | ☐ |
| 09 | ☐ |
| 10 | ☐ |

MAKE SURE IT'S LEGAL

Il exerum dignient occus eumquam harum aut aut dolorrovid ut quo tempedi
andam quo omnihil ipis sanime nihillum eatur?

Q1

What types of visas exist for the countries you want to visit?

Q2

Note down contact information for immigration for each country relevant:

Q3

Inquire what kind of work you can do, legally, as a visitor. Mention that you do work
where you are paid into a bank account in your home country where you pay taxes.

Choose The Type Of Work You Want To Do

CHOOSE YOUR WORK!

On this page, write down the type of work you want to pursue while you're traveling.

Which types of work were you most interested in?

Where will you get more information about these areas?

Notes

Creating A Business

Here are some helpful starting points if you want to start your own business.

QUESTIONS

ANSWERS

If you could be paid to do anything, what would it be? Look up on Google "how to get paid to xxx" and see what you find

1

What do you consider your biggest skill sets?

2

Who do you know, or what group of people, need the services you can provide?

3

Who do you know that offers this service? Can you talk to them for some pointers?

4

Work Action Plan

On this page, write the types of work that interest you. On the right side, write down websites where you can learn more, and people you can talk to to get a start in that field, or get more of a foothold in it than you have now.

1

WORK THAT INTERESTS ME

ACTION STEPS

01

02

03

04

05

A

2

WORK THAT INTERESTS ME

ACTION STEPS

01

02

03

04

05

B

3

WORK THAT INTERESTS ME

ACTION STEPS

01

02

03

04

05

C

Work I'm Targeting

WHY DO I WANT TO DO THIS TYPE OF WORK?

ACTION STEPS

01

02

03

04

05

06

07

08

09

10

ROAD BLOCK

PROGRESS

DEADLINE

DONE

Work I'm Targeting

WHY DO I WANT TO DO THIS TYPE OF WORK?

ACTION STEPS

01

02

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06

07

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09

10

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Work I'm Targeting

WHY DO I WANT TO DO THIS TYPE OF WORK?

ACTION STEPS

01

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08

09

10

ROAD BLOCK

PROGRESS

DEADLINE

DONE

Target Your Cost Reduction Strategy

REDUCING COSTS

A few questions for contemplation

1

Which strategy feels the most comfortable for you?

2

What feels uncomfortable about the ones that don't resonate?

3

If you applied these strategies to your current budget and planning, now, how much sooner could you get going?

Reducing Costs

Making a plan - choose the strategy/ strategies you like and write some ways you could potentially do this.

01

Lower your travel style

How much money could you potentially save?

Category

Amount

02

Lower your monthly and per diem budgets

Challenges or concerns I have:

03

Travel to a less expensive country

04

Fourth largest expense category

CHANGING YOUR TRAVEL STYLE



Do the math here!

CURRENT STYLE

Write down which style you are or want to travel in.

NEW STYLE

Write the lower style you could potentially target going forward.

POTENTIAL SAVINGS

Using numbers from the 3-day challenge, how much could you save?

LONGER TERM

What are some cities where you'd consider a longer term rental?

Changing Your Budget

Use this page to take a closer look at how society has influenced you to think about money.

QUESTIONS

ANSWERS

What's your current monthly travel budget and per diem?

1

How much is that when you multiply your monthly budget by 12?

2

What is your reduced monthly travel budget and per diem?

3

When you multiply the monthly by 12, and subtract that from your previous total, how much have you saved?

4

CHANGING YOUR LOCATION

Use this page for notes on potentially changing locations.

What locations do you want to go that have low lodging and accommodation costs? (You can use [numbeo.com](https://www.numbeo.com) for research.)

What excites you about these places?

What concerns you about these locations?

What are visa and flight prices to these locations, if relevant?

Is it worth changing locations?

1 Stay Put Cost

Multiply monthly costs by 3 (average visa is 3 months)

2 Cost Of Travel

Write down visa flight and any other costs (e.g. Covid test) associated with moving to a new location.

3 Do The Math

Subtract item 2 from item 1 how much savings can you gain by changing location?