

3 DAY FULL-TIME TRAVEL BUDGET CHALLENGE

WORKBOOK



DAY 3

About Heather



Hi, I'm Heather Markel. I quit a 6-figure job in 2017 to pursue my passion of traveling the world. What I thought was a career break turned into a way of life. I'm in my fourth year of full-time travel and looking forward to more adventures.

I quit without a real plan, but with a financial safety-net. I was shocked to learn that full-time travel is a hell of a lot cheaper than a "stable" life. I also learned there are a lot of great ways to sustain full-time travel for those who want to, and none of them involve you having to be rich.

I now help others who want to trade a life of job dissatisfaction to travel full-time, with the strategies to comfortably afford and sustain it.

The purpose of this 3-day challenge is to get the wheels turning, and inspiration burning so you can get a few steps closer to turning your dreams into your reality.

Heather Markel

INTUITIVE BUSINESS & PEAK LIFESTYLE COACH
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3-day challenge checklist

01



Whitelist my emails in your inbox.

I'll be sending you reminders to join us by email, so make sure you're set up to see them when they arrive!

02



Block your calendar.

I'll be going live every day of the challenge at 6pm Eastern. Click [here](#) if you need to convert that to your timezone.

03



Join the Facebook Group.

Watch the trainings, catch the replays, and get support at Full-Time Travelers And Nomads.

04



Download Daily Action Guides.

Each day, a new guide will be available for you to download, so you can apply what you learn.

05



Win Prizes.

Each day a prize winner will be chosen from those that participate and do their homework. :)

A graphic with a dark blue central hexagon containing the text "DAY 3" in pink. The hexagon is surrounded by four colored triangles: yellow (top-left), red (top-right), pink (bottom-left), and yellow (bottom-right).

DAY 3

Learning how to save.



DAY 3 – BUDGETING MONEY



Your Money

How much money do you have available to you outside retirement accounts?

Divide the number above by number of months you plan to travel. Write it here:

How many months do you currently have enough money to travel for?

How many months do you need to create savings for?

What's the cost of living for the countries you want to visit, using www.numbeo.com/cost-of-living/? (Write the name of the country, and the monthly COL.)



DAY 3 – BUDGETING MONEY

Day 3 is from putting together days 1 and 2, and setting the foundation for you to be able to live the life of your dreams!.

Getting Logical

Write down the monthly number you came up with from day 2:

**Divide the number above by 30 (or 31 if you want to be extra cautious).
Write that number here. This is your per diem budget on the road!!**

Don't like this number? Go to the next page!

If You Need More Money

Write down how much more you want for your per diem budget:

Write down the gap number:

Multiply the gap number by 30. Write that here:

Multiply that number by 12:

This is how much more money you need to make, before you quit (presuming you plan to travel without being tied to a corporate/ stable job).



PUTTING IT ALL TOGETHER



Your Budget!!

Using everything we've covered in the past few days, you can now put together your foundational travel budget!

Which travel style are you?

What is the monthly budget you'll need to support it:

How many months, using current savings, could you afford if you left now?

If that's not enough, how much more money / savings do you need to create?

What's your per diem budget, or what will it be?

Today's Lessons:

Lesson 1:

Lesson 2:

Lesson 3:

Notes:
