



HOW TO MAKE MONEY

WITHOUT A JOB

PROGRAM OVERVIEW



SETTING INTENTIONS

THE PURPOSE OF THIS WORKSHEET

This guide is different from all the others in the program. It's the one guide you will use throughout the entire program, instead of with just one module.

After you've completed each week, use this to summarize your takeaways from each week's lessons. The goal is for you to have one document with all the key answers in one place, so you don't have to sift through everything at the end.

Once you've completed all the steps, you can use this as a helpful resource to take things forward. Make sure to share your results on live calls with Heather or in the Facebook group so she can help you!

ACCEPTANCE

THE BEGINNING

#1

What are you accepting right now? (Job loss? That you want to do something else?...)

#2

What feelings and fears does accepting this bring up for you?

#3

Are there any feelings of loss that you need help with? If so, write them here.

MINDSET SHIFTS

LEARNING MORE



#1

What are the top 2 money mindsets you are going to shift?

#2

What strategies will you use to shift into these mindsets?

#3

What strategies will you use to shift your work mindsets?

#4

What help do you need shifting your mindset?

MONEY FLOW

LEANING IN

#1

How has the flow of money changed for you? (How often did you used to get it vs now?)

#2

What is your biggest fear around this shift?

#3

How will you use logic and spirituality/irony to work with money flow going forward?

RESKILLING

HOW WILL YOU GROW

#1

What reskilling opportunities and strategies will you focus on?

#2

What are your top 3 skillsets?

#3

What help do you need if you're trying to start or grow a business?

BUDGETING

LEARNING TO MANAGE YOUR MONEY

#1 What's the monthly budget you've decided on? (Write the amount below, and the 3 largest spending buckets.)

#2 How much money do you need to earn, per month, at this time?

#3 What methods will you target to do that?

MONEY TRACKING

MANAGING YOUR MONEY, PART 2

#1 What are your top 3 expenses?

#2 Which expenses can you cut down on? List at least the top 3 below.

MONEY PLANNING

MANAGING YOUR MONEY, PART 3

#1 Which planning strategy is most relevant for you right now?
(long-term or short-term?)

#2 How will you divide any incoming money? (Refer to the key buckets, and write them below, along with percentages, so you're prepared from the very next paycheck.)

NEXT STEPS

TAKING IT FORWARD

#1

What questions or challenges do you need help with on the next call?