



HOW TO MAKE MONEY

WITHOUT A JOB

THE KARMA OF MONEY FLOW

WEEK 3 - MODULE 3

1



SETTING INTENTIONS

THE PURPOSE OF THIS WORKSHEET

Money flow, in my experience, has multiple pieces to it. While the last module talked about some of the logical parts, this module is more about the spiritual aspects of money flow.

Even if you don't believe in spirituality, you have hopefully had some experiences where you can admit it was very ironic that something you asked for showed up after you consciously thought about needing it.

So, this module is simply to zone in on the spiritual nature of money flow.



What I mean by the spiritual aspects of money flow, is both the balance of giving and taking, and the awareness that things you want or need sometimes show up in unexpected ways.

Sometimes, this happens with such tiny things it makes you laugh - like my experience needing a paper clip in Uruguay, having no idea how to say that in Spanish or where I would find one, and then it showed up for me in a playground. Because I stopped to play with a lovely family I met, I noticed the paper clip near my foot. Sometimes, it happens with bigger things, like my experience with the dust buster, as mentioned in the video. This is about what you receive from flow.

The other side of the balance of money flow is what you give. This can be your time, as in volunteering, or, this can be giving things you own to another person who wants or needs them, with no charge. I consider this a way to pay back the wonderful receiving you have been gifted, and a way to keep the channel of receiving open. It may seem counter-intuitive - you need to receive money, but you are giving away your time or belongings. In my experience, the more I give, the more I receive. I can't explain why, scientifically, so I simply accept that this is an essential part of the process of having what you need.



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A FEW EXERCISES

Think of times when things you wanted or needed arrived unexpectedly.

#1 List a few things you received “by chance” rather than buying them.

#2 How did these things arrive to you? (What people gave them to you? What were the circumstances?)

#3 What, if anything, did you do to prompt their arrival to you?

#4 How do you define “gift”?



Now that you've done those exercises, take another look at your answers. Connect, in your mind, to the memories of receiving those items, and the people who gave them to you. Say thank you to them, out loud. Let these memories give you the confidence that there is a flow you might not have realized, or expressed gratitude for, before now.

Check in - how have you been lately? Do you feel a lack of receiving? Then figure out something you can GIVE right now and set it in motion.



GIVING BACK

PERPETUATING THE FLOW

Make a list of the places you can volunteer your time, and some things you own you can give away, and who you might give them too.

Places to volunteer your time (charities, foundations, second-hand stores, etc.):

Items You Can Give Away:

People or places you can give these items to:



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PUTTING IT INTO PRACTICE

INSTRUCTIONS: Practice the art of trusting that what you want or need will come to you without buying it. Start small – perhaps you need some pepper or a new sponge, or want some oranges. Say, out loud, what you want / need. Put thoughts of it aside for a week. See if it comes to you unexpectedly! Use the space below to take notes on your experiences.