



HOW TO MAKE MONEY

WITHOUT A JOB

**SHIFTING YOUR WORK
MINDSET**

WEEK 2 - MODULE 2

SETTING INTENTIONS

THE PURPOSE OF THIS WORKSHEET

If you've been working in a corporate job, or still are, there's a core set of ingrained rules and beliefs that you've worked by. You'll need to shift away from those beliefs to find work without a job.

There can definitely be some feelings of loss here, but the gain you'll replace those with - satisfaction with your life, spending more time on the things you love with the people you love, and greater freedom, make this worthwhile.

CONTEMPLATING WORK

INGRAINED BELIEFS

#1

What have you believed work is, up to now?

#2

How do you feel work is supposed to be done?

#3

What are you supposed to gain from work?

#4

How are you supposed to feel about work?



WORK ASSESSMENT

What Kind Of Work Exists?

INSTRUCTIONS: In order to expand your work mindset, use this page to jot down all the jobs you see people doing, and all the different things people do to earn money, that you're aware of.



WORK BELIEFS

YOUR IDENTITY

How have you tied your personal identity to your job?

What do you think it means about you if you don't have a corporate job?



WORK BELIEFS

Your Identity, Continued

What feelings come up when you imagine releasing your hold on a career, or on moving up in title and responsibility?

What do you believe to be true about money if you don't have a career or a bigger title?

What beliefs do you have about people that earn money outside of corporate?



WORK ASSESSMENT

Making Your Own Work

INSTRUCTIONS: If you could waive a magic wand and create a new type of work, what would it be? Imagine money is not an issue, just focus on the WHAT and also the people this work benefits.

MINDSET CHANGE CHECKLIST

WHERE TO FOCUS



WEALTH IS ABOUT MUCH MORE THAN JUST MONEY

FIGURE OUT WHAT MATTERS MOST TO YOU

FIGURE OUT WHAT YOU REALLY NEED AND WANT IN LIFE

GET IN TOUCH WITH WHAT MAKES YOU HAPPY, AND HOW TO HAVE MORE OF THAT IN YOUR LIFE

FOCUS ON YOUR PRESENT NEEDS INSTEAD OF YOUR RETIREMENT PLAN

REALIZE THAT WORK CAN BE ANYTHING

RELEASE YOUR ATTACHMENT TO PROMOTIONS AND CAREER

CHANGING YOUR MINDSET

CONFRONT YOUR BELIEFS



#1

Which of the mindset shifts do you struggle with the most?

#2

Why do you find those shifts so hard?

#3

What fears do you have about accepting them?

#4

What could help you more easily embrace them?