



HOW TO MAKE MONEY

WITHOUT A JOB

**ACCEPTANCE - WHY DO
YOU BUY?**

WEEK 1 - MODULE 2 - PART 2



SETTING INTENTIONS

THE PURPOSE OF THIS WORKSHEET

We've all been conditioned to participate in a consumerist mentality. It's ingrained from when you're a kid with commercials making you ask your parents for the trendy toy or an electronic gadget. Then you grow up, finally have your own money (so you can make your own rules about how it's spent) and can buy not just stuff, but space to put it in.

The problem is, lots of buying creates dependency on a job that gives you enough money to buy all that stuff and all that space. So, let's look at why you like buying so much and see if you can get some clarity on your spending habits.



THE BUYING LIST

On the left, write down anything you're planning to buy, or, things you've bought the past year. On the right, explain why you want or wanted each item.

What you plan to buy:

Why you want it:

CONFRONTING CONSUMERISM



What have you bought in the past 6 months?

What need/want did these items satisfy for you?

What buying trends are you seeing now that you're focused on why you buy?



CONFRONTING CONSUMERISM

EXPANDING AWARENESS

Above each box, write the categories, in order from 1 (largest) to 8 (smallest) that you purchase in. Write approximate spending amounts for each, covering the last 6 months. Estimates are fine!

1.

2.

3.

4.

5.

6.

7.

8.