



HOW TO MAKE MONEY

WITHOUT A JOB

**ACCEPTANCE - WHAT
MATTERS MOST?**

WEEK 1 - MODULE 2

HEY THERE, I'M HEATHER!

I'm excited to share with you the lessons I've learned on how to make money without a job so you can enjoy a fulfilling life, and reduce anxiety as you live it!

As a nomad for almost 3 years, I've learned a lot about changing my purpose, my lifestyle, and my mindset.

Get ready to live more freely!



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SETTING INTENTIONS

THE PURPOSE OF THIS WORKSHEET

Whether or not you've spent any time reflecting on what you really want out of your life, knowing what you want is at the root of having what you want.

This worksheet is designed to help you understand what you want more of, and less of, in your life. Putting it on paper will give you more awareness and enable you to make the changes you need, to have more of the life you want.

This is a compliment to worksheet #2 which you'll find within this lesson.



THOUGHTS

ABOUT ACCEPTANCE

As humans, it's a lot easier to focus on all the things going wrong in our lives. We are emotional, and more easily tune in to negative thoughts and beliefs. Change is not easy, even when we direct the change, i.e. quitting a job to pursue a dream.

This is a time to start connecting to what is going RIGHT in your life. Think about the friends and family you cherish. Think about your accomplishments, up to now. Think about the things you want to accomplish in future.

When you have a strong desire to do something, remember, that thing can happen in many different ways. Money is only one part of creating the visions we have for ourselves. Even more important is your desire and trust that you will make it happen. Think about how many successful people started with “nothing” and you will begin to understand that money is not the key to success, it's simply what we've been using as a measurement of it. Ironically, money isn't what makes you successful, either.

So, take a breath, trust that everything will work out, and even if things work out differently than you thought, it may turn out even better than you had ever imagined.

OPTIMISM AND TRUST

WHAT DO YOU WANT MOST?

What matters most to you? Think about anything; friends, family, lifestyle, food, etc. Write everything that you feel is essential to your life.

WHAT'S MOST IMPORTANT TO ME:

☐	_____	☐	_____
☐	_____	☐	_____
☐	_____	☐	_____
☐	_____	☐	_____
☐	_____	☐	_____

Why are these things important to you?

WHAT ARE YOU TOLERATING

#1

Now, consider what you do NOT want in your life. What are you doing in life that you don't enjoy or don't want to do?

#2

What are you tolerating right now?

#3

Why do you continue to put up with these things you don't want in your life?

#4

What's one step you could take towards eliminating even one of these things from your life?